



# Discipleship By Design

WorkBook 4  
Serving In Your Holy Spirit Filled Life

CORE Discipleship is a faith-based, Christian organization. Our mission is to help you make disciples of Jesus. We provide a simple and reproducible discipleship process based on Jesus' "inner circle" or "core" comprised of Peter, James, and John. We also provide discipleship training and free discipleship resources as free downloadable eBooks.

Just like you, Father God is using the many events and circumstances of life's journey to mold and shape me into the person He desires. Occasionally, I've cooperated completely. It's in those rare moments when something extraordinary takes place - Heaven touches earth, mountains are moved, a part of me is transformed.

Through His infinite patience and unfathomable love I am learning to become the man He created me to be. As I daily surrender my life to Him through His precious Holy Spirit, I see more clearly life eternal.

My hope and prayer for you are that you too will discover God's purpose and become exactly what He has planned for you all along - His son or daughter.

May God grant that we become His disciples by His grace,

*Doug Morrell*

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Doug is a seasoned discipler and small group leader. Since graduating from Texas Tech University in 1984, he's worked in a dual capacity -- working within for-profit businesses around the country while also serving the church in various pastoral roles. Additionally, he and his wife Suzie are the founders/directors of CORE Discipleship, a ministry dedicated to making disciples who make disciples. Doug and Suzie have three children: Katheryn, Hannah, and Nathaniel.

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# Serving

It is through the infilling, empowering and guidance of the Holy Spirit that we discover the keys to growing spiritually and learn to serve others as we share that which has been entrusted to us.

*“But how can people call for help if they don’t know who to trust? And how can they know who to trust if they haven’t heard of the One who can be trusted? And how can they hear if nobody tells them? And how is anyone going to tell them, unless someone is sent to do it?” (Romans 10:14, The Message)*

## HOLY SPIRIT FILLED DISCIPLESHIP:

At the outset, it is important that we understand some key concepts regarding the process of preserving and transmitting the gospel.

*“And the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others.” (2 Timothy 2:2)*

- Holy Spirit Filled And Empowered Discipleship: the process of living as a disciple as we choose to obey the prompting of the Holy Spirit moment-by-moment.
- Discipling: the Holy Spirit empowered process of helping another believer become a worker in the harvest fields of the world; then continuing in that commitment and reproducing it in the life of another until Christ is fully formed in them.
- Disciple: a committed follower of Jesus Christ, one possessed by the Holy Spirit and who is willing to be a lifelong learner of the Lord.

Becoming a disciple of Jesus is a process that will liberate you from all man-made dogmas, from every burden and oppression, from every anxiety and torture that afflicts your conscience. If you follow Jesus by His Holy Spirit, you will escape from the hard yoke of your own laws, and submit to the kindly yoke of Jesus Christ.

*“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.” (Matthew 11:28-30)*

What does the call of Holy Spirit empowered discipleship mean today to the retail store clerk, the truck driver, the business executive, or the single parent of three children? What happens if we answer the call to this radical process of discipleship? Where will this lead us? What will it cost? Only Christ knows, for it is Him who first must bid come.

We must remember that on two separate occasions the apostle Peter received the call from Jesus to, “Follow me.” It was the first and last statement Jesus spoke to this disciple (Mark 1:17; John 21:22). The first occasion was by the lake of Gennesareth, when Peter left his nets and his trade and followed

Jesus at His Word. The second occasion is when the Risen Lord finds him back again at his old work. Once again it is by the lake of Gennesareth, and a whole life of discipleship in the following of Christ. Halfway between them comes Peter's confession, when he acknowledged Jesus as the Christ of God. Three times Peter hears the same proclamation that Christ is his Lord and God - at the beginning, at the end, and at Caesarea Philippi.

Likewise, for those who are in Christ Jesus, we are continuously being formed, conformed and transformed into the image of Jesus. We are being molded into the very likeness, taking on the character of Jesus Himself, as we accept by faith through grace His purpose for us. The goal of Holy Spirit filled discipleship is that: "Christ be formed in you," (Galatians 4:19). As well, "Those whom [God] foreknew he also predestined to be conformed to the image of his son" (Rom. 8:29). And, "All of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being transformed into the same image" (2 Cor. 3:18).

*"Therefore I urge you to imitate me." (1 Cor. 4:16)*

Paul told the Corinthians to imitate his life. He was able to make this statement because he walked close to God, spent time in God's Word and in prayer, and was aware of God's presence in his life at all times. God was Paul's example; therefore, Paul's life could be an example to other Christians. Paul wasn't expecting others to imitate everything he did, but they were encouraged to imitate those aspects of his beliefs and conduct that modeled Christ's way of living.

*"We do not want you to become lazy, but to imitate those who through faith and patience inherit what has been promised." (Heb. 6:12)*

*"Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith." (Heb. 13:7)*

*"Dear friend, do not imitate what is evil but what is good. Anyone who does what is good is from God. Anyone who does what is evil has not seen God." (3 John 1:11).*

If you are a Christian, you owe much to others who have taught you and model for you what you need to know about the gospel and Christian living. Continue following the good examples of those who have invested themselves in you by investing your life through evangelism, service, and Christian education.

God uses our common, everyday life to form His character in us. One particular teacher calls what we do in the church "the kitchen of Christianity." It is there that we develop our understanding, shaping and molding the dough of our life in preparation for the remaining week to follow. The truth of the matter is that what we do in the church on Sunday, though critically important, is not what proves out our witness. Our character is shaped and honed as we go through life. Patience is patterned as we stand in the checkout line. Perseverance is taught when we seek out a new job. Love is learned as we see and meet the needs of others. Regardless of station, whether it is in an office or in the field, our work becomes the foundation from which our Lord builds our character.

*"Consider it pure joy, my brothers, whenever you face trials of many kinds, because you know that the testing of your faith develops perseverance." (James 1:2-3)*

Daily experiences become the platform for Holy Spirit filled discipleship. This process teaches us the value of character. Punctuality, timeliness, and obedience are items learned as we go through life.

# BOOK 4:

## SERVING IN YOUR HOLY SPIRIT FILLED LIFE

*“Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.” (Mth. 28:19, 20)*

To start with the end in mind means to begin with a clear picture of your end result. For those involved in ministry, this would mean having a group of spiritually mature disciples who are then producing other like disciples. Discipleship By Design is a process developed to help you embrace and fulfill Jesus’ commission to “make disciples.”

*“It was he who gave some to be apostles, some to be prophets, some to be evangelists, and some to be pastors and teachers, to prepare God’s people for works of service, so that the body of Christ may be built up until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.” (Eph. 4:11-13)*

Jesus taught that His disciples are those who are obedient, loving and fruitful:

*“To the Jews who had believed him, Jesus said, “If you hold to my teaching, you are really my disciples.” (John 8:31)*

*“By this all men will know that you are my disciples, if you love one another.” (John 13:35)*

*“This is to my Father’s glory, that you bear much fruit, showing yourselves to be my disciples.” (John 15:8)*

Our job, whether it is as a housewife, or out in the world as a businessperson, whatever it might be, is to make disciples. That gives great dignity and significant meaning to whatever we do; whether washing dishes, typing a report, digging a ditch, or directing a Fortune 500 company. We are to do our jobs well as unto the Lord. We are to give it the time and energy necessary to do it with excellence. However, it is first and foremost a platform for making disciples. Like Peter, we have our entire lifetimes to work out the incredible possibilities of that concept.

The Lord said we are to make disciples not only by going, but also by baptizing and teaching. We are to remain committed to those we bring to Christ Jesus until they have learned to walk.

*“until Christ is formed in you” (Gal. 4:19)*

The Greek word for formed is “morphoo” from Strong’s 3445 and speaks of a change in character, becoming conformed to the character of Christ Jesus in actuality, not merely in outer semblance.

Jesus said, “and to teach all things that I have commanded you.” This is an enormous task, and not any one of us is adequate for anything of this magnitude. However, we must completely recognize and understand that godliness results only from Jesus Christ living through us by the Holy Spirit. It can never be accomplished by any external means. God calls us to obey, love and to serve others just as Jesus did - by the power of the same Holy Spirit.

## PROCESS OVERVIEW

Discipleship By Design is not a program nor a Bible school philosophy whose primary focus is imparting knowledge through the classroom. Knowledge is only one of the nine elements listed in 2 Peter 1:5-7 of growing in grace and the divine nature. Character cannot be developed in the classroom. It must be “worked out” in the real world since people learn and retain more by action than just by listening.

The Lord not only verbally instructed His disciples, but He also modeled for them what He taught. By demonstrating Kingdom principles He built an experiential base in their lives. He taught them to do the same then moved them through a confidence and wisdom-building process toward ministry release.

Discipleship By Design uses a similar approach in developing Kingdom character traits in each believer. The model is based on the principles found in God’s Word.

## Value Of Discipleship By Design

- Development of released disciplers.
- Commissioned ministers.
- Development of a Biblical “world view” of God’s plan in the earth.
- Character assessment and development.
- Equipping with Kingdom principles.
- Hands-on experience and discipleship.

## The Course

The course is made up of five books. Work through the material at a pace arranged by the Group Discippler (usually one session per week). The purpose of the process is threefold:

1. Enhance the growth of new or immature Christians into mature disciples.
2. Equip disciples to disciple others.
3. To learn to be Holy Spirit led and empowered in all aspects of ministry.

## Spiritual Reproduction

At the beginning and throughout Book One the Group Discippler will challenge each disciple to begin to reach out to a new or immature Christian that he or she knows, to continue the process of multiplication. You will then be reproducing your discipling in a second generation. The purpose of the course is to make disciples who can make disciples.

## HOW TO BEGIN

Discipleship By Design is not a replacement of any of your current processes, programs, or ministries; it is an enhancement to your existing curriculum.

Preferably, your Group Disciplers are those who have come through the process. They are the ones who will eventually be used in leadership. This entire process is based on the team approach modeled by Jesus’ team. Some practical considerations for integration into your Church:

1. Don’t move too quickly! A slower pace is better. You’re building for the future and a process takes time. Remember, the strength and the quality of the foundation determines the strength



and quality of everything built upon it. Build to last!

2. Begin by discipling a small group of your most teachable and committed people. Don't draw a lot of attention to the new process. Remember, it's the results that count.

3. Become purpose oriented. Discover your passion and direct your efforts toward that end. Not only will purpose keep you on track, it will help you steer clear of wasted efforts. Teach on purpose. Preach on purpose. Sing on purpose. Disciple by purpose. Build on purpose. Grow on purpose. Work with your core leadership and define your purpose and goals to get there. That's what Discipleship By Design is all about.

4. Recruit your newly trained disciples as Group Disciplers for new groups. You'll be well on your way!

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# GIVING



*“Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you.”*

*Luke 6:38*

A. My understanding of what it means to be a disciple who gives:

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B. Understanding What God Says: Pro. 3:9-10; 2 Cor. 9:6-8; Luke 6:38; Pro. 3:27; Gal. 6:6-9; Mal. 3:8-12; Pro. 11:24-25; 2 Cor. 8:9

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C. How does this apply to you?:

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D. A scripture verse I will memorize: Luke 6:38

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E. Discipleship Principles: What one main principle do you find in this scripture passage?

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F. Self-evaluation:

1. Do I honor the Lord with the firstfruits of my income? If not, why not?

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2. My definition of prosperity:

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3. Do I sow sparingly or generously? What would my pastor say?

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4. Do I give only of my income or also of my time? Should it be both?

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5. Do I give reluctantly? Do I understand the Kingdom principle of giving? Explain:

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6. Do I confuse wants and needs? Do I rob God? Have I tested God as His Word indicates?

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7. Do I understand that not only will God open the floodgates of Heaven, but also rebukes those things that devour finances if I obey His Word (Mal. 3:8-12)?

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8. When was the last time I honored God with my offering? Am I consistent?

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9. In what ways can I teach another disciple these truths?

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If we treat others generously, graciously, and compassionately these same qualities will come back to us in full measure. The opposite of this is true, too. What's coming back to you?



2. The marriage/family was one of the first creations of God. Why is this important to me?

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3. Why is godly submission important? Do I submit to my authorities?

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4. Why does God hate divorce? Does He forgive divorce?

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5. What does it mean "God sets the lonely in families?"

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6. Who will be held accountable before God for the training/instructing of children?

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7. Do I accept others as Christ accepts me? If not, why not?

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8. In what ways can I teach another disciple these truths?

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“There are no loners in the Body of Christ, just lonely people. We are all a family because we have the same Father. If we want to receive God’s blessings, it is important that we stay in contact with other believers in the body of Christ. Those who isolate themselves from God’s family and try to go it alone cut themselves off from God’s power.”



2. Am I prejudiced? If so, how does this line up with Scripture?

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3. Do I love, really love, my brothers and sisters in Christ? How do they know it?

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4. Do I realize I will be judged by my treatment of the hungry, homeless, poor, diseased, and imprisoned? (Mth. 24:37-40) What can I do today to become more socially concerned?

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5. My definition of abundant life:

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6. In what ways can I teach another disciple these truths?

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“The life Jesus gives is rich and abundant, eternal and immediate. Life in Christ is lived on a higher plane because of his overflowing forgiveness, love, and guidance.”











# LEADER TRAITS



*“Now the overseer must be above reproach, the husband of but one wife, temperate, self-controlled, respectable, hospitable, able to teach, not given to drunkenness, not violent but gentle, not quarrelsome, not a lover of money. He must manage his own family well and see that his children obey him with proper respect.”*

*1 Timothy 3:2-4*

A. What is a godly leader?:

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B. Understanding What God Says: Is. 6:8, 9; Mth. 16:13-20; Gen. 12:1-20; James 3:1; 1 Tim. 3:1-13; Acts 26:19; Acts 13:22; Mth. 26:47-54; John 13:1-17; Judg. 8:22, 23; Acts 13:1-3; Acts 16:6-10; Acts 2:22; Acts 1:14; Ex. 28:1, 2; Luke 3:1-20; 1 Cor. 12:28

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C. How does this apply to you?:

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D. A scripture verse I will memorize: 1 Timothy 3:2-4

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E. Discipleship Principles: What one main principle do you find in this scripture passage?

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F. Self-evaluation:

1. Have I said, “Here am I Lord, send me?” If not, why not?

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2. Am I receptive to God’s promptings? Do I obey?

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# PEACE



*“Make every effort to live in peace with all men and to be holy; without holiness no one will see the Lord.”*

*Hebrews 12:14*

A. What is peace?:

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B. Understanding What God Says: Gal. 5:22, 23; Mth. 10:13, 34; Luke 1:79; 10:5, 6; 12:51; John 14:27; 16:33; Acts 10:33, 36; Rom. 1:7; 2:10; 5:1; 8:6; 10:15; 14:17, 19; 15:13; 1 Cor. 7:15; 14:33; 2 Cor. 13:11; Eph. 2:14, 15; Phi. 4:7, 9; Co. 3:15; Heb. 12:14; James 3:18; 2 Pet. 1:2

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C. How does this apply to you?:

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D. A scripture verse I will memorize: Heb. 12:14

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E. Discipleship Principles: What one main principle do you find in this scripture passage?

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F. Self-evaluation:

1. Regarding peace, what does Jesus mean, “No, I tell you (not peace), but division?”

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2. Why can I have peace with God if I am justified through faith?

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# PATIENCE



*“Preach the Word; be prepared in season and out of season; correct, rebuke and encourage--with great patience and careful instruction.”*

*2 Timothy 4:2*

A. What does it mean to be a patient person?:

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B. Understanding What God Says: Gal. 5:22, 23; Rom. 2:4; 9:22; 2 Cor. 6:6; Eph. 4:2; Col. 1:11; 3:12; 1 Tim. 1:16; 2 Tim. 4:2; Heb. 6:12; James 5:10; 1 Pet. 3:20; 2 Pet. 3:15

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C. How does this apply to you?:

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D. A scripture verse I will memorize: 2 Tim. 4:2

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E. Discipleship Principles: What one main principle do you find in this scripture passage?

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F. Self-evaluation:

1. God’s kindness led me to repentance. Am I as patient with others as He has been with me? Why not? How can I change this?

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# KINDNESS



*“Consider therefore the kindness and sternness of God: sternness to those who fell, but kindness to you, provided that you continue in his kindness. Otherwise, you also will be cut off.”*

*Romans 11:22*

A. My understanding of what kindness means?:

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B. Understanding What God Says: Gal. 5:22, 23; Rom. 2:4; 11:22; 2 Cor. 6:6; Eph. 2:7; Col. 3:12; Tit. 3:4-7

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C. How does this apply to you?:

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D. A scripture verse I will memorize: Rom. 11:22

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E. Discipleship Principles: What one main principle do you find in this scripture passage?

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F. Self-evaluation:

1. Am I a boastful person? Proud? Presumptuous? What does the Word of God say about each of these traits? (Rom. 11:17-21) How do these traits take away from godly kindness?

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# GENTLENESS

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*“Brothers, if someone is caught in a sin, you who are spiritual should restore him gently. But watch yourself, or you also may be tempted.”*

*Galatians 6:1*

A. What does it mean to be gentle?:

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B. Understanding What God Says: Gal. 5:22, 23; 1 Cor. 4:21; 2 Cor. 10:1; Gal. 6:1; Eph. 4:2; Col. 3:12; 1 Tim. 6:11; 2 Tim. 2:25; Titus 3:2

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C. How does this apply to you?:

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D. A scripture verse I will memorize: Gal. 6:1

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E. Discipleship Principles: What one main principle do you find in this scripture passage?

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F. Self-evaluation:

1. If I am led by the Spirit I will do what is right freely, and not by the compulsion of the law. Am I under the law's bondage and condemnation in any way? What should I do?

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# SELF-CONTROL

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*“Whoever loves discipline loves knowledge, but he who hates correction is stupid.”*

*Proverbs 12:1*

A. What does it mean to be self-controlled?:

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B. Understanding What God Says: Gal. 5:22, 23; Pro. 1:3, 7; 5:23; 12:1; 2 Tim. 1:7; Heb. 12:11; Acts 24:25; 2 Pet. 1:6; Titus 1:8; Heb. 12:8; Rev. 3:19

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C. How does this apply to you?:

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D. A scripture verse I will memorize: Pro. 12:1

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E. Discipleship Principles: What one main principle do you find in this scripture passage?

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F. Self-evaluation:

1. Self-control speaks of discipline. Am I a disciplined person? In my physical life? In my spiritual life? In my intellectual growth? In what areas do I need help?

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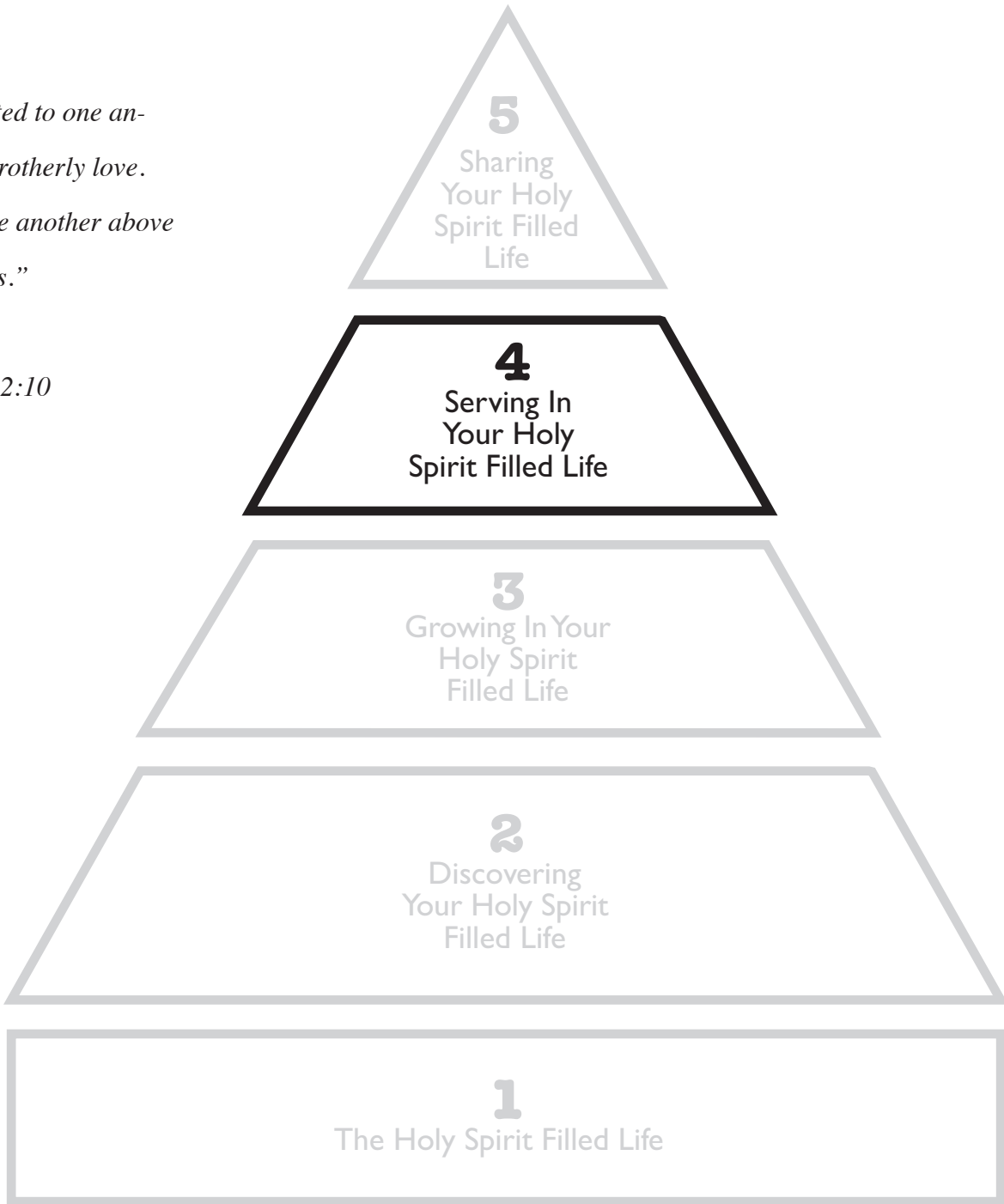
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# SERVING IN YOUR SPIRIT FILLED LIFE MINISTRY COVENANT

*“Be devoted to one another in brotherly love. Honor one another above yourselves.”*

*Romans 12:10*



Father God, I sincerely desire to practice brotherly love, walk in the Spirit, and practice leadership qualities as I devote myself to Lord Christ and His Church.

Name: (print).....

Mentor/Coach/Disciple/Spiritual Parent:.....

**NOW LET'S GO ON TO UNIT 5: SHARING CHRIST IN YOUR SPIRIT FILLED LIFE**

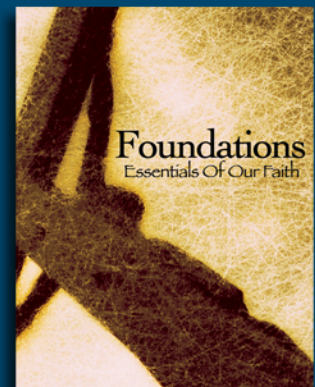
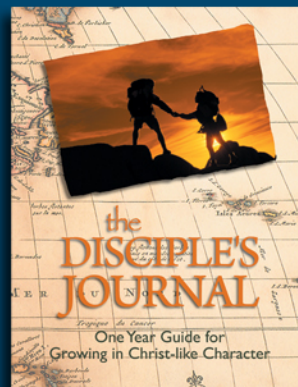
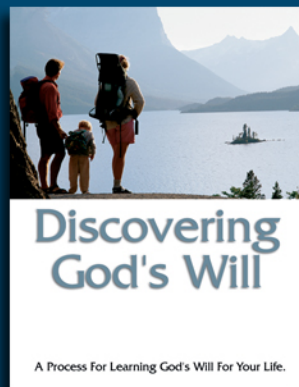
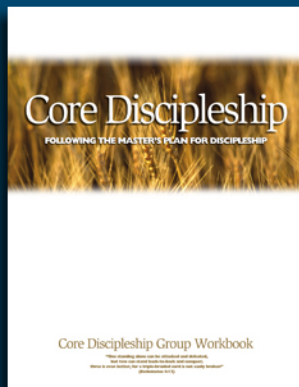


CORE Discipleship is a faith-based, Christian organization. Our mission is to help you make disciples of Jesus. We provide a simple and reproducible discipleship process based on Jesus' "inner circle" or "core" comprised of Peter, James, and John. We also provide discipleship training and discipleship resources available as free downloadable eBooks. CORE is a Biblical process that can help develop an unbelievable spiritual discipleship community where no one stands alone, struggles alone, develops alone or grows up alone.

May God grant that we become  
His disciples by His grace,

Doug & Suzie Morrell  
CORE Discipleship

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